## Best Practices for Taking Online Assessments

**Avoid interruptions or distractions.**

- Take the assessment **whenever you want to**, on the device of your choice.
- Make sure to **choose a time when you feel good** and well-rested.
- The **invitation should contain a time estimate** for taking the full assessment.
- Be aware that **you can't stop an individual test** until you finish.
- Most of the **tests last no longer than 15 minutes**.

- **Turn off your phone.**
- **Close any apps still running on your device.**
- **Inform others not to disturb you.**
- After you **finish one test, you can take a break** before moving on to the next one.
- Usually, you have **several days** to complete all of the tests.
- **Check the deadline** for the final submission to make sure you don't miss it.
- The duration of the **whole assessment varies** depending on the number and types of tests the hiring company has selected.